

Cyberbullying



Students

Stop communicating with the bully immediately

Inform your parent or another adult you trust that you are being bullied

Parents

Make sure to establish a relationship of trust and cooperation with your children

Check for a potential change in your children's behavior that may be a sign of bullying

Teachers

Provide support to the victim so that he/she feels safe and confident that such incident will not happen again and that the school community has been taught from it

Record and substantiate the bullying incident